

MACKINNON MIDDLE SCHOOL



2018-2019

ATHLETIC HANDBOOK

Interscholastic Athletics

During the 2018-2019 school year, there is a fee associated with participating in interscholastic athletic teams in the Mackinnon Middle School.

The fee associated with this policy will be \$25.00 per sport, per child, with a \$100.00 cap for families.

Once your child makes the team, payment should be made in person to Mrs. Podesta at the MacKinnon Middle School office. Checks are to be made out to MacKinnon Student Activities.

Students not making payment, barring financial hardship, will not be permitted to participate.

Alfred C. MacKinnon Middle School

Athletics

Mission Statement

The Alfred C. MacKinnon Middle School Faculty, Administration, and the Wharton School Board of Education, offers students in grades 6-8 opportunities to develop athletic skills and to become involved as members of interscholastic athletic teams.

In establishing traditions, we view interscholastic athletics as an integral part of the middle school experience. As we build our middle school athletic program we encourage all students to participate. Participation in Alfred C. MacKinnon Middle School Athletics, however, is a privilege not a right. That privilege is earned by each participant through his or her adherence to the rules and policies set forth in this handbook.

We believe our athletic program to be an extension of the overall middle school experience. Athletics at the middle school level is an educational experience in order to prepare the student/athletes for higher levels of competition. Athletes are expected to strive for excellence in the classroom, on the athletic field or court and the community. Good sportsmanship, commitment to learn, and the development of skills and strategies necessary for interscholastic competition are essentials to a successful athletic program.

Title IX

A portion of the Education Amendments of 1972 prohibits sex discrimination in federally assisted education programs. No person in the United States shall, on the basis of sex, be excluded from participating in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving federal finance assistance.

Philosophy

The philosophy of this middle school athletic program is to foster certain intangible characteristics and qualities. These intangibles include respect for self and others, honesty, integrity, commitment, reliability, common sense, perseverance and ability to have fun. The values learned through the athletic experience will help individuals become more productive members of the community.

At the middle school level the importance is accountability, responsibility, hard work, and respect for teammates, opponents, officials, school personnel and property is stressed. The teams will be a workable number of players according to the sport.

Parent/Guardian Guidelines:

1. A Parent/Guardian must sign a waver/permission slip to allow their child to participate in a sport.
2. Each participant must provide written proof of any up to date physical *prior to the start of tryouts.*
3. Chain of Command: If an issue or concern arises please contact the coach first at appropriate time. If the issue is not resolved the parent/guardian should meet with the principal.
4. Parents/Guardians are expected to be respectful and courteous toward coaches, all players, officials and other spectators at all times.
5. In extreme cases of inappropriate behavior, proper authorities will be notified and it will be determined if further action is warranted.

Expectations

All Alfred C. MacKinnon Middle School Athletes are expected to:

1. Follow any team rules and rules outlined in this handbook.
2. Respect school property, buses, and other peoples personal items. MacKinnon Middle School will not tolerate damage, theft, or any inappropriate behavior.
3. Give their best effort in practice and games.
4. Be accountable for their actions at all times (school, practice, games, and in the community).
5. Support other teams in season and out of season.
6. Respect the highest ideals of citizenship, academic performance, and sportsmanship.
7. Conduct themselves in the upmost manner at all times.

All Alfred C. MacKinnon Coaches are expected to:

1. Communicate openly and honestly with players and their parents.
2. Support tenets of the athletic mission statement.
3. Act as role models for their athletes.
4. Distribute written statements of team rules to all participants prior to the start of the season. The athletic director has previously approved all team rules.
5. Monitor student's academic and behavioral standing.

Tryout Policy for MacKinnon Students:

The following guidelines will be used by sports, which have to use cutting to maintain workable numbers for their programs:

1. Candidates are expected to be present when tryouts begin and during all tryout sessions. Tryouts may be extended for students that miss tryout sessions due to illness, injury or other circumstances at the discretion of the coach.
2. A minimum of three day tryout will be given to all candidates.
3. Individual head coaches will establish specific criteria for evaluating all players. These criteria will include attendance during tryouts, cooperative attitude, effort and skills relevant to their sport.

Travel to and from Athletic Contests:

1. All athletes are expected to travel to and from games with the team.
2. If an athlete is unable to ride the team bus to an athletic contest, he/she must have prior approval from the principal to provide his/her own transportation to the game.
3. All team members who ride the team bus to an away game must return on the bus unless the coach has received a parent/guardian's written permission approved by principal.
4. An athlete will be released to travel with their parent/guardian's adult designee only if prior approval has been obtained in writing from the principal.

Eligibility Policy

Athletics and Extra-Curricular Activities — A student's first responsibility is to his or her schoolwork and grades. It is believed that students who do not achieve in accordance with their abilities do not have time to participate in extra-curricular activities or sports. It is further believed that students who display a negative attitude, poor conduct, or less than full effort should not be representing the school in extra-curricular activities. Therefore, participating in sports or extra-curricular activities will be allowed only as long as grade, attitude, conduct, and effort warrant it.

Grades, Attitudes, Conduct, and Effort — To determine player's eligibility status, teachers and coaches will evaluate students on a weekly basis. The judgment of student's behavior and attitude will be incorporated into the effort grade and will be based upon how well they follow the classroom guidelines; their academic status will be based upon a weekly eligibility progress report. Ineligibility for participation in games will be monitored on a weekly basis. The eligibility grade is determined by what student-athlete is receiving on each Tuesday at the end of the school day. The reporting period will begin the next morning at 8:05 a.m. On Friday, and will continue to 8:05 a.m. The next Friday. Special circumstances may be appealed to the athletic director. If the ineligibility becomes chronic, a student-athlete may be removed from the team to focus on academics.

Points System

Students who accumulate 40 points or more will not be allowed to participate in extra curricular activities.

Description of Detail	Points Administered
Late to Homeroom/ School (unexcused)	2
Late to Class	1
Possession/Use of Cell Phone (1st Offense)	1
Possession/Use of Cell Phone (2nd Offense)	3
Inappropriate Hall Behavior	1-3 (Potential Administrative Consequence)
Inappropriate Lunch/Recess Behavior	1-3 (Potential Administrative Consequence)
Removal from Class <ul style="list-style-type: none"> • Insubordination • Inappropriate Language • Bullying/Intimidation • Physical Aggression • Disruptive Behavior 	5 and Administrative Consequence

Attendance

Students must be present at school for the minimum number of hours required by law to constitute a full day, in order to participate in either a practice or game on that day.

The coach must receive a note from the parent/guardian prior to an absence from a practice or game in order to determine the status of the absence from a practice or a game in order to determine the status of the absence. If this is not possible the athlete must produce a note upon returning to the team. An unexcused absence from the practice or game will result in a one game suspension from the team. Students who accumulate 40 points or more will not be allowed to participate in extra curricular activities.

School Suspension/Detentions

If an athlete is assigned an in or out of school suspension or an office detention, he/she will not be able to participate in either practices or games on the day(s) of the suspension/detention. Detentions will not be rescheduled. In the event that the athlete decides to skip detention and attend their practice or game the athlete will be suspended for two games. Students who accumulate 40 points or more will not be allowed to participate in extra curricular activities.

Unexcused Absences from Practices

If a player has an unexcused absence from practice, they will not be allowed to participate in the next game. This includes, but is not limited to not telling coach personally they will miss practice, or being in school and not showing up at practice. If a player has three unexcused absences, they may be removed from the team.

Excused Absences

Excused absences could include things such as family emergencies, family vacations, administrative detention, or a player being sick. Coaches need to be notified if a player is not coming to practice by the parent or player. Sending word with someone other than these people is not acceptable, and will be considered unexcused. If the absence is extensive, there may be a reduction in playing time due to the nature of competitive team sports.

Travel to Games

Students will be transported to and from away games. The bus will depart and return to the middle school. Athletes may go home from an away athletic contest with their parents only after confirming with the coach in person and signing the check out form. Rides with siblings, relatives, friends, or other parents are not allowed. If an emergency situation exists that requires alternative transportation, please contact the athletic director by phone, and send a written permission for your son or daughter to ride home with another specific parent. THIS IS IN EFFECT FOR TRAVELING HOME FROM GAMES ONLY. Travel from home games or practices may be with whomever the player's parent designates for this responsibility.

Chain of Command

The MacKinnon Middle School Athletic Department has established a Chain of Command that will be strictly enforced with regard to communication between disgruntled parents and fans and Athletic Department Personnel. The Chain of Command is as follows:

1. Parent, Athletic-Coach
2. Parent, Athletic-Coach involved and Head Coach (if involved coach is assistant)
3. Parent-Coach, Head Coach and Principal

All meetings between parent or fans and athletic department personnel will be by appointment. Appointments will be arranged through the Principal's office.

- Under no circumstances will a coach meet with a disgruntled parent or fan before, during or after game or match. This is unacceptable behavior.
- Athletes involved will always be present at meetings between parents and coaches.

Parent and/or Player Complaint Procedure

Athletics, by its very nature, demands that a coach makes numerous judgment calls during the course of the season. Athletics also dictates that a coach has effective discipline so the athletes can compete in a safe, organized, and goal oriented activity. During the course of any season, it is possible that the parents may have complaints concerning a coach's decisions regarding their son/daughter's playing time or disciplinary action that a coach may take involving their child. Therefore, the following procedure will be followed so that all parties involved will be treated responsibly and equitably.

Step 1. If a parent has a complaint, they will discuss the particular complaint with the coach. The student athlete will be present at this meeting. UNDER NO CIRCUMSTANCES WILL A COMPLAINT GO BEYOND THIS STEP IF THE ISSUES HAVE NOT BEEN DISCUSSED BETWEEN THE PARENT AND THE COACH.

Step 2. If the complaint has not been resolved in STEP 1, the complainant will contact the Principal and schedule a conference with the athletic director and the coach. UNDER NO CIRCUMSTANCES WILL A COMPLAINT GO BEYOND THIS STEP IF THE ISSUES HAVE NOT BEEN DISCUSSED BETWEEN THE PARENT, ATHLETIC DIRECTOR, AND THE COACH.

Step 3. If the complaint has not been resolved in Step #1 and Step #2, the parent will contact the Principal and schedule a meeting with the coach and the Principal. UNDER NO CIRCUMSTANCES WILL A COMPLAINT GO BEYOND THIS STEP IF THE ISSUES HAVE NOT BEEN DISCUSSED BETWEEN THE PARENT, PRINCIPAL, AND THE COACH.

Directions to Athletic Fields



BASKING RIDGE (Pleasant Valley Field)

Boys Baseball

Route 287 South to Exit 26 (Mt. Airy Road) and bear left on the exit road. At the bottom of the exit road turn left. At the second traffic light turn left onto Valley Road. One half mile on the left is Pleasant Valley Field.

BERNARDSVILLE MIDDLE SCHOOL

Rt. 287 South to the Bernardsville exit (Exit #30B). Bear right after exit. First light turn left onto Rt. 202 south. Take Rt. 202 south into the center of Bernardsville. In the center of Bernardsville (Olcott Square) turn right onto Anderson Hill road (Mendham Road). Stay on Anderson and turn right onto Seney Drive (5th right turn). Middle School is on the right about 1/2 mile. Fields are behind school (look for sign indicating school and field).

Route 287 South to Exit 26 Bernardsville, Mt. Airy Road. Bear right on exit road to stop sign. Bear right to "yield" sign and onto Mt. Airy road. Go to end through traffic light at Rt. 202 intersection. Mt. Airy then becomes Anderson Hill Road (Mendham Road). Stay on Anderson and turn right onto Seney Drive (5th right turn). Middle School is on the right about 1/2 mile. Fields are behind school (look for sign indicating school and field).

BLOOMFIELD MIDDLE SCHOOL

Parkway North to Exit 151 (Watchung Avenue). Left onto Watchung pass over the Parkway (1st light is for Parkway) at 3rd traffic light, turn left onto Broad Street. Go 3 blocks to Huck Road and turn left on to Huck Road. School field is behind the school.

BLOOMINGDALE (Walter T. Bergen Middle School)- Follow I-80 E and I-287 N Take exit 53 from I-287 N Continue on Hamburg Turnpike/Paterson Hamburg Turnpike. Drive to Glenwild Ave in Bloomingdale .

BOONTON (John Hill School)

From Rt. 287 North take Exit 40B. At the bottom of the ramp turn right onto Roessler. Continue to Lathrop Avenue. Make a right onto Lathrop Avenue and school will be 100 yards down on the left.

From Rt. 287 South-exit at Myrtle Street. Turn left at the bottom of ramp. Go to the first intersection. Turn left onto Myrtle Avenue. Continue 3-4 blocks on Vreeland to Lathrop Avenue. Turn right onto Lathrop Avenue. School will be on your left about 3/4 of a mile down.

BOONTON TOWNSHIP (Rockaway Valley School)

287 North to exit 44 (Main Street Boonton Exit). At ramp, make a right. Make a right at stop sign. Continue straight to light, go through the light, and follow straight up the hill. You are now on Main Street. At "Y," bear left onto West Main Street. At next "Y," bear right at Shopping Center. Make right at stop sign onto Powerville Road. Drive 1.25 miles, then bear left onto Valley Road. Rockaway Valley School is on the left (marked by a green sign). Go up the driveway.

(Another way from 287 North)

Route 287 North to Mountain Lakes, and take the Intervale Road Exit. Turn left at exit, turn right at traffic light on to Fanny road. Follow Fanny Road to Boulevard, turn right, then turn left on to Powerville Road. Go past hospital on right, fire house on left, and then bear left at the fork on to Valley Road. School is on the left.

Route 46 to Denville, and go north on Diamond Spring Road. Road becomes Rockaway Valley Road in Boonton Township. Turn right past horse meadowland and field on to Valley Road. School is on the right past a playground and pond.

Route 23 in Kinnelon, South on Kinnelon Road. Road becomes Powerville Road in Boonton Township. Go past Dowty RFL Industries and soon you will reach a stop sign. Turn right and the school is on the left.

BUTLER (Richard Butler School)

Route 287 North to Route 23 North (Exit 52B towards Butler). Turn right on Bartholdi Avenue. You will see the high school on the right, and the middle school sits behind it. Depending on parking, you can try a right onto Mabey Lane to get back to the middle school.

CEDAR KNOLLS SCHOOL (Now the Allegro School)

Drive west on Columbia Turnpike and turn right onto Park Avenue. Continue on Park Avenue to the end (it "T's" into Ridgedale –'the Ridgedale in Morristown'). School is on the left at corner of Park and Ridgedale. The field is behind the school.

CHESTER (Black River Middle School)

Route 10 West to Dover Chester Road South. Follow Dover Chester Road until it turns into North Road (Route 513). Approximately 8 miles from Route 10 to Black river Middle School on the right, across from Bellcore.

Route 80 to Route 206 South (Exit 27A). Approximately 10 miles to Route 24 East (left at Larison's Turkey Farm). Go through town and straight to light (Route 513/North Road). Black River Middle School is 3/4 of a mile down on the left across from Bellcore.

Route 206 to 24 East and follow directions above.

Route 24 West toward Chester. (At the light which tells you to make a left towards Chester) make a right onto Route 513 North. The school is _ mile on the left.

DENVILLE (Valleyview Middle School)

Valleyview School is located 1.2 miles North of Denville Center on Diamond Spring Road.

Route 46 East or West to Denville Center (across from Wendy's)

Route 53 North to Denville Center.

Route 10 East to Franklin Road North to Denville Center.

Route 10 West to Route 53 North (pass under train tressle) to Denville Center

Route 80 West to Exit 39 to route 46 East to Denville Center

Route 80 East to Exit 39 to Route 46 East to Denville Center.

The directions from Denville Center are a little tricky. There is a shopping complex (grocery store, sub shop, pharmacy) – we would list them, but the names change often. From this shopping complex, head down Diamond Spring Road. The road splits in about a mile or so. You need to stay to the left (if you stay to the right, you will pass St. Claire's). Head down Diamond Spring Road, and the school will be on your right.

These may be the stores at the current time-(At the second light after going under overpass take a "soft" right between the Drug Store and Village Appliance on to Diamond Spring Road).

DOVER (East Dover Middle School)

Route 80 to the Rockaway Townsquare Mall Exit to Route 661 (Mt. Hope Road) South. Take all the way to Route 46. Make a left onto Route 46. School is located on the left at the second traffic light. School is next to football field (Hamilton Field) on Route 46, Dover.

EAST HANOVER MIDDLE SCHOOL

Route 287 North or South to Route 10 East (Approximately 5 miles). Turn North on Ridgedale Avenue at Novartis. Go approximately 3 miles. After the 3rd light school is on the right.

FLORHAM PARK (Ridgedale Middle School)

Route 10 to Ridgedale Avenue South (East Hanover), at Novartis Pharmaceutical. Pass four traffic lights. The school is on the right about a quarter of a mile.

Route 46 to 287 South to route 10 East. Follow above directions.

Route 80- Same as from Route 46.

HARDING TOWNSHIP MIDDLE SCHOOL

I-80 E in Rockaway Township from S Main St . Follow I-80 E and I-287 S to Harter Rd in Morris Township. Take exit 33 from I-287 S .Take James St and Blue Mill Rd to Lees Hill Rd in Harding Township .

KINNELON (Pearl R. Miller)

Route 287 North- take Route 23 North and exit at 52B. Just before the 3rd light and just before the Burger King on the right, take the jug handle across route 23. Go up a big hill and pass the movie theater complex on the left. At the 2nd light, make a left, then make 1st right after that. School is 2nd school on left behind the high school.

LINCOLN PARK MIDDLE SCHOOL

Baseball and Softball Tournaments

Take 287 north and get off at the Montville exit. Make a left at Route 202 North and go approximately 7miles through the town of Lincoln Park. Take left on Comly Road go over the bridge. The road will bear right and you will get to a "T" intersection. Take the right on Ryerson Road. The school is one block down on the right. Take the first driveway.

Chapel Hill Middle School

Route 287 North to Route 202 North (Boonton Tpk.), turn right at Chapel Hill Road.

Route 23 South to Boulevard straight to Lincoln Park road, right at Comly road bear right over RR tracks, left onto Chapel Hill Road for two blocks

LIVINGSTON (Heritage Middle School)

Route 10 East to Livingston Circle, half way around circle, bear towards Northfield Ave. At the first light, make a right onto Hillside Ave. At first street, make a right onto Foxcroft. The school is on the left. Go past the entrance to the FAR entrance.

Mt. Pleasant Middle School

Route 10 East to Livingston Circle, continue on Route 10 East which becomes Mt. Pleasant Avenue. Continue East through three traffic lights, fourth traffic light is Broadlawn Drive. School is on the corner; turn right.

Route 80 East to Route 280 East; exit at 5A Livingston South. Proceed to second traffic light (Mt. Pleasant Avenue), make left turn, proceed to second traffic light (Broadlawn Drive). School is on the corner (right turn).

Newark Academy

Columbia Tpk. (South Orange Avenue) East to the fourth traffic light from Florham Park center. School is on the left, (corner of Eisenhower Parkway and South Orange Avenue) opposite the Livingston Mall.

From Route 287 North: Take exit marked Morris Avenue East in Morristown. Go right on Morris Avenue for approximately 4 blocks to the fork in road. Take right fork onto Columbia Turnpike. At approximately 7 miles the road becomes two lanes over a small bridge. Newark Academy driveway is the next left (approximately 1/2 mile).

LONG VALLEY (Long Valley Middle School)

Route 80 West to Route 206 South to Route 24. West, to West Mill Road.

Route 78 West to Route 517 South to West Mill Road.

Route 24 West to Route 513 to West Mill Road.

MADISON (Madison Junior School)

River road to the Shunpike, turn left, traveling West, turn right onto Green Avenue, continue through the center of Madison, turn right onto Britten Street; continue two and a half blocks to the entrance of the school.

Route 10 East or West to Florham Park center, turn Right going east and turn left going West onto Ridgedale Avenue. Continue onto Greenwood Avenue and turn left onto Britten Street at the blinker light, and the entrance is 1-1/2 blocks on your right.

Soccer Games (Rosedale Field)

Route 287 South to Route 24 East (Madison/FDU Exit) turn left at the first light onto Park Avenue. Take Park Avenue into Madison center (old Rt. 24) and turn left onto Rosedale Avenue. (Elks building is on your left). Travel three and 3/4 blocks (counting on your right). The field is on your right, just past the pool. The bus may park in pool lot.

Softball- Lucy D field on Myrtle and Howard

Baseball- Dodge field Central Ave

MENDHAM BOROUGH (Mt. View School)

Route 24 West to Mendham center. Turn right at the Black Horse Inn (Mountain Avenue). Take the second right onto Dean Road.

Soccer Games

Pass Black Horse Inn, the soccer field " West Field" is on your left going west on Route 24.

MENDHAM TOWNSHIP MIDDLE SCHOOL

Route 24 West through Morristown pass Morristown Community Pool (on left) about 1/4 mile after pool turn right onto Washington Valley Road. Field is two miles down on the right.

Route 202 South to Route 24 West, to Tingley Road. Turn right. Follow Tingley Road to Washington Valley Road. Turn right. School driveway is approximate 100 yards on left.

Route 206 South to Route 24 West, to Tingley Road. Turn right. Follow Tingley Road to Washington Valley Road. Turn right. School driveway is approximate 100 yards on left.

MORRIS PLAINS

Borough School

West on Columbia Turnpike to Park Avenue. Turn right on Park Ave. to second traffic light (Whippany Road) and turn left. Bear to the right onto Hanover Avenue (Morris County Library will be on the right) continue passed to Speedwell Avenue and turn right onto Speedwell Avenue. School is on the left 1/5 of a mile after turning.

MOUNT ARLINGTON

Basketball at Decker School

Route 80 West to Exit 30 (Mt. Arlington-Howard Boulevard). Bear right onto Howard Blvd. and continue up the mountain and then down the mountain. Lake Hopatcong will be on the left, make a right into the parking lot at the Arlington Caterers and you will see Decker School.

Soccer, Softball and Baseball

Same as above but when you are halfway down the mountain you will make a right onto Altebrand Avenue and go up to the top of the hill, and this will take you to Fireman's Field.

MOUNT OLIVE

Mount Olive Upper Elementary

Route 80 West to Exit 27A. Take route 206 South 2 miles to Shell Station on right, make right turn at Shell Station onto Drakesdale Road and go to stop sign. Continue through stop sign (road becomes Flanders Road) for approximately 1.2 miles to Sunset Drive. Make a left. School is at the end of the street.

MORRISTOWN

Delbarton School

Route 287 to Route 24 West through Morristown, travel 2 miles West of the "Green" and the school is on the left.

Route 206 to Route 24 East through Mendham, pass Lewis Morris Park and the school is on the right.

Frelinghuysen School

Columbia Turnpike West to Park Avenue. Turn right onto Park Avenue. At 2nd light (Whippany road) turn left and bear to the right at the next light. Pass the Arboretum and the County Library. You are now on Hanover Avenue. Pass Mennen Arena on the left. Cross Speedwell Avenue and at the 2nd light make a left onto Jane Way.

Lafayette School

Start west on Columbia Turnpike to Park Avenue. Turn right on Park to second traffic light (Whippany Road) and turn left. Bear to the right onto Hanover Avenue (county library will be on the right) and look for Martin Luther King Avenue, there is a gas station on the left. Make a left onto MLK Avenue travel for 3-4 blocks to Hazel Street on the right. School is at the end of the street.

Peck School

Take Route 287 South to "Exit 31, go right at the end of the ramp, continue to the light, take a left at the light, the school is 1/2 block on the right. Enter the 3rd driveway and park.

Take Route 287 North to Exit 31, go left at the end of the ramp, go across the bridge, enter first driveway on the left and park. School is directly across from the Best Western Motel.

MOUNTAIN LAKES (Briarcliff School)

Route 287 North to Exit 43 "Mt. Lakes Intervale Road." At the end of exit turn left onto Intervale Road and right onto Fanny Road, left onto Morris Avenue and right onto Briarcliff Road.

Route 46 West to Boulevard in Mountain Lakes to Glen Road to Briarcliff Road.

NEW VERNON (Harding Township Middle School)

Route 287 South to Harter Road exit make right off exit onto Harter Road. Proceed 1/2 mile to James Street and make a right turn. Go approximately 1 mile to Blue Mill Road and turn right. Go through first traffic light and school will be approximately 1/2 mile on the right. Gymnasium entrance is the first door upon entering school grounds and is located on the second floor; playing fields are located behind the parking lot between the elementary and junior schools.

OAK RIDGE (Jefferson Twp. Middle School)

Route 80 to Route 15 North to Weldon Road. School is on the right

Route 23 North to Oak Ridge Road to Milton road to Weldon Road.

PARSIPPANY

Brooklawn Middle School

Route 10 to Route 202 North (Littleton Road) 1-1/4 miles to school.

Route 46 to Route 202 South (Littleton Road) 1-1/2 miles to school.

Route 80 (Exit 42) to Route 202 South (Littleton Road) 0.8 miles to school.

Central Middle School

From Florham Park- Take Columbia Turnpike to 24 West to 287 North. Take the exit for Route 80 East, but do not get onto Rt. 80. Instead, when you are exiting, stay to the right (follow sign for Smith Road). At light off of exit ramp, make a left. Take road about 1/8 mile and make a right onto Route 46 East. (You are only on 46 for a short while), make a left onto Vail Road. School is on Vail Road on the right.

POMPTON PLAINS (Pequannock Valley Middle School)

Route 287 North to Route 202 North. Route 202 North through Towaco to Jacksonville Road make left onto Jacksonville Road to end. At light make a left onto Newark-Pompton Turnpike and school will be on the left 1/4 mile down.

Route 23 North to Jackson Avenue. Right jug handle across Route 23 up Jackson Avenue to light and make a left onto Newark-Pompton Turnpike. School will be on the right 1/4 mile down.

Route 23 South down Riverdale hill through light and make a right for Boulevard. Go through two blinking lights to the first traffic light and go left onto Sunset Road to the light and turn right. School is on the right.

RIVERDALE (Riverdale Public School)

Route 287 North, left at light (202 North), through the next light (pass Quick check), left on Jacksonville Road. Continue through the blinker light, left at the next light (Boulevard). Continue on the Boulevard, pas through 2 blinker lights to Route 23. Turn left on Route 23 north and bear right at first exit (next light). School is on the left 1/4 mile.

Route 23 South, take "U" turn at sign for Pequannock, left at light. Bear right before next light. School is on the left 1/4 mile down the road.

202 North to Jacksonville Road. Go through blinker and left at light onto Boulevard. Continue through two blinker lights and turn left at light (Route 23 north). Make a right turn at first exit. School is 1/4 mile on left.

ROCKAWAY BOROUGH (Thomas Jefferson Middle School)

Route 46 East to Franklin Road. Turn left to Franklin Road and proceed to East Main Street. Turn right on Main Street. School is 1-1/2 blocks on the right.

Route 46 West to light on East Main Street and bear right at light and proceed approximately 1/2 mile. School is on the left.

ROCKAWAY VALLEY SCHOOL (Boonton Township)

Route 287 North to Exit 44, Main Street, Boonton. At the exit ramp make a right. Make a right at the next stop sign. Go straight through the next light and continue straight up the hill. You are now on Main Street. At the "Y" bear left (onto West Main Street. At the next "Y," bear right (shipping center on right). Make a right at the stop sign onto Powerville Road and travel 1-1/4 miles and bear left at the Y. You are now on Valley Road. Rockaway Valley School is on the left around the bend.

Route 287 South to Myrtle Avenue _ Boonton Exit. Make a left at the stop sign onto Myrtle Avenue. At the 3rd light (Main Street) make a right. Go up the Main Street hill and at the Y bear right (shipping center on right). Make a right at the stop sign onto Powerville Road and travel 1-1/4 miles and bear left at the Y. You are now on Valley Road. Rockaway Valley School is on the left around the bend.

Soccer and Baseball (Breed Field)

Stay on Powerville Road (bear right at Y instead of left). The field is located on the left after the building. Designated parking lot for soccer is to the right of the gate entrance

ROXBURY (Eisenhower Middle School)

Route 10 West to Eyeland Avenue South. School on the right.

Route 80 West to Exit 30. Make a left off exit ramp and head south on Howard Blvd. Make a right onto Route 46 West. Take past McDonald's to traffic light- make a left onto Route 10 East. Follow a few miles and make a right onto Eyeland Avenue. School is on the right.

SPRINGFIELD (Florence Gordonnaire School)

Route 24 East. Take the Springfield/Millburn exit and follow signs directing to Morris Avenue (east). Stay on Morris Avenue until you approach the center of town. There will be a Foodtown on your right - this is Mountain Avenue. Make a right turn onto Mountain Avenue. At the first traffic light (Shell Station on the left) make a "soft" left onto this street. School is on the left.

STIRLING (Central Middle School)

Route 80 to 287 South. Proceed to East 26A (Basking Ridge). Make a right off the ramp and travel on North Maple Avenue to the fork in the road. Bear left at the fork and follow the Millington signs. This is Basking Ridge Road. Proceed to the blinker _ go through the intersection bearing left as the road becomes Long Hill Road. Continue to the stop sign. Make a right onto Central Avenue. The school is down the hill on the right.

Route 10 to 287 South and proceed as above

Springfield Avenue, which changes into Valley Road near the Berkeley Caterers. Stay on Valley Road through several lights. After you pass the Shop Rite on the left, the next light is Main Avenue. Turn right and continue up Main Avenue over the railroad tracks. The road becomes Central Avenue and the school is up the hill on the left.

SUMMIT (Memorial Park)

Morris Avenue past Novartis to Springfield Avenue. Right onto Springfield Avenue to second left which is Tulip Avenue. Left onto Tulip- go five blocks to Ashland Road and right onto Ashland Road. Field is off to the left.

WEST MILFORD (Macopin Middle School)

Route 287 to Boonton Avenue to Route 23 North, Exit at Echo Lake Road. At the end of Echo Lake Road, make a left onto Macopin Road. Travel on Macopin Road and make second right hand turn at Highlander Drive. You will see a large school sign.

WHARTON (MacKinnon Middle School)

Route 80 West to Exit 34A (Wharton-Dover) onto Route 15 South. Follow Route 15 South for a short distance to the traffic light; turn right at the traffic light onto East Dewey Avenue; follow East Dewey Avenue to the next traffic light, turn left at the traffic light onto North Main Street 0.7 miles into the center of town; turn left onto East Central Avenue; proceed on East Central Avenue for 0.4 miles to Lafayette Street; turn left onto Lafayette Street and make the first right into the school parking lot.

WHIPPANY (MEMORIAL JUNIOR SCHOOL)

Cross Country and Basketball

Route 10 West, turn right at Molly Malone's. At 1st light, turn left onto Highland Avenue. School is on the left about 1/2 mile down the road.

Soccer - now using Bea Meadow School

Route 10 West, turn right at Molly Malone's. At 1st light, turn left onto Highland Avenue. Pass the Memorial School on the left, and go to the end of the road. Turn right. Bea Meadow (on Reynolds Road) – the school is on the right.

Baseball (Blackbrook Park)

Route 10 West, turn right at Molly Malone's. At first light, turn right onto Sunrise. Park is down that road.

WEST ORANGE SCHOOL DISTRICT (ROOSEVELT MIDDLE SCHOOL)

Basketball

1. Head north on Ridgedale Ave toward Afton Dr. Turn right at Columbia Turnpike. Continue onto S Orange Ave/Rte 510. Turn left at County Route 577/N Wyoming Ave. Turn left at Club Blvd. Take the 1st right onto Gilbert Pl

Use and Misuse of Opioid Drugs Fact Sheet

Student-Athlete and Parent/Guardian Sign-Off

In accordance with N.J.S.A. 18A:40-41.10, public school districts, approved private schools for students with disabilities, and nonpublic schools participating in an interscholastic sports program must distribute this Opioid Use and Misuse Educational Fact Sheet to all student-athletes and cheerleaders. In addition, schools and districts must obtain a signed acknowledgement of receipt of the fact sheet from each student-athlete and cheerleader, and for students under age 18, the parent or guardian must also sign.

This sign-off sheet is due to the appropriate school personnel as determined by your district prior to the first official practice session of the spring 2018 athletic season (March 2, 2018, as determined by the New Jersey State Interscholastic Athletic Association) and annually thereafter prior to the student-athlete's or cheerleader's first official practice of the school year.

Name of School: **Mackinnon Middle School**

Name of School District (if applicable): **Wharton Borough Public Schools**

I/We acknowledge that we received and reviewed the Educational Fact Sheet on the Use and Misuse of Opioid Drugs.

Student Signature: _____

Parent/Guardian Signature : _____

(also needed if student is under age 18)

Date: _____

I have read and understood the Mackinnon Middle School Athletic Handbook

Student Signature: _____

Parent Signature: _____