



CST CHATTER BOX

Keep Reading Through Summer!

Here is what your local libraries have in store for you this summer:

Wharton Public Library
973-361-1333
Registration is required for all activities.

Theme: "Libraries Rock!!"
Kickoff takes place Thursday, June 14th at 6:30. It will be a DJ Dance Party!!

The summer reading program is 6 weeks long with 3 different fun library-based activities each week. Weekly programs include movies, animal shows, gardening, science activities, water fun and even a canoeing trip!!

You can earn a prize EACH WEEK by reading and filling out your reading log then turning it in. The grand prize is a pizza party!

The program finale is August 1st at 6:30 is a BBQ and includes a petting zoo!



Rockaway Borough Public Library
973-627-5709
Registration is required for all activities.

Theme: "Libraries Rock!"
Summer Reading Program sign-ups begin Monday, June 18th!

Babies can fill in a sticker board for every library visit and earn a prize.

School-age kids can register beginning June 18th and pick up a start-up bag of goodies including a reading log and bingo board. Return your bingo boards and logs and get a free gift! Adults also can participate in the program and return bingo boards and logs to get a gift!

Summer Storytime:

Seven-week program begins Tuesday, June 26th through Tuesday, August 7th (11:00am–11:30am) for Ages 2 and up.

Libraries Rock Themes! June 26th: Rock Around the Clock; July 3rd: Hound Dog; July 10th: Strawberry Fields; July 17th: Band on the Run; July 24th: Boogie Fever; July 31st: Surf-in' USA. August 7th: Summertime Blues.
**Pre-Registration is required.*

Tweens' Doodle &

Write*: Tuesday, July 3rd, July 10th, July 17th, July 24th, 4:00pm-5:00pm. Ages 10 and up.

**Pre-Registration is required. Limit: 8*

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Special points of interest:

- ☉ Cooking helps with math
- ☉ Community Resource
- ☉ Special Education Acronyms
- ☉ Physical Therapist highlight

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Let's Get Cooking

Summer is a perfect time to have some fun in the kitchen!
There are lots of reasons to get your kids involved in cooking!

- learn to read recipes- in print or picture form
- learn the names of a variety of foods
- learn the names of cooking equipment and utensils
- shop for ingredients
- use mathematics of measuring
- use fractions
- discuss where different foods come from
- explore why some foods are more nutritious than others
- share family stories and traditions



CHECK OUT THESE GREAT RESOURCES FOR GREAT IDEAS!

- <https://twohealthykitchens.com/favorite-summer-recipes-for-kids/>
- <https://twohealthykitchens.com/favorite-summer-recipes-for-kids/http://www.geniuskitchen.com/ideas/summer-grilling-6564/kid-friendly-cooking-6540?c=526612>
- <https://www.pre-kpages.com/picture-recipes/>
- <https://www.pinterest.com/pin/498421883739550390/>

More Community Resources!

Parents have expressed interest on events and activities focused on special needs children that are taking place in the area. We hope the following will interest you and/or your child!



Kid's Cooking Summer Camp by Monica Hansen, RD at the ShopRite of Greater Morristown: Visit vil-lagefoodgarden.com if interested. It is every Monday in July started July 9, 2-4 PM, \$30 per child. Every week is a different theme. Let your little ones learn to cook, Ages 5-10 years old

Summer Social Skills Group by Bridges Counseling Center in Flanders: The Summer Social Skills group is for girls and boys ages 6-9. The group will run from July 8-August 26. The group will focus on making friends, communicating feelings appropriately, problem solving, managing impulses, relational skills, co-

operation. Cost is \$200 per child. Call 973-668-4806 to reserve a space for your child.

Autism Friendly Performance of The Pop Ups! On Saturday, June 30 at 10 AM and 12 PM. Tickets are \$3. Get ready for the Pop Ups! Two-Time Grammy® nominees for Best Children's Album, this dynamic duo are bringing their rock and roll puppet musical fun to the State Theatre. Kids and their families will be moving and grooving along to the catchy, upbeat songs, and having a laugh with the whimsical, wonderful puppet characters. And did we mention balloons? **These are Milk & Cookies Autism-Friendly Relaxed Performances.**

Milk & Cookies is a lively, interactive

storytelling and music series for families. This program is the perfect way to introduce children to live theater. Performances are offered on Saturdays at 10am and 12pm. Milk & Cookies performances take place in the second floor lobby of State Theatre New Jersey. There is no elevator access to this space.

Dance Designs Studio Stars In Motion-A Musical Movement Program for Children with Special Needs: Stars in Motion is a musical movement class for children with Autism Spectrum Disorders, Asperger's Syndrome, Dyslexia, SPD, ADHD and PDD. Class is held on Saturdays. Please call 201-791-8873 to reserve a spot.

Alphabet Soup!

As you participate in your child's special education process, you may feel that everyone has started speaking in a foreign language during meetings. While it may seem like a foreign language, it is a language of initials (acronyms). Acronyms are used often and it is assumed that everyone is familiar with the meaning. We put together a quick reference Special Education list in the hopes that it may bring more understanding and clarity. Keep in mind, this list is not exhaustive of all acronyms that you may encounter. If you ever have a question on what something means while in a meeting, just ask!

AAC: Alternative Augmentative Communication **ABA:** Applied Behavioral Analysis **ADA:** Americans with Disabilities Act **ADHD:** Attention-Deficit Hyperactivity Disorder **ADLs:** Activities of Daily Living **APE:** Adaptive Physical Education **ASD:** Autism Spectrum Disorders **ASL:** American Sign Language **AT:** Assistive Technology **AYP:** Adequate Yearly Progress **BIP:** Behavioral Intervention Plan **CD:** Cognitive Delay **CF:** Cystic Fibrosis **CP:** Cerebral Palsy **CST:** Child Study Team **DB:** Deaf-Blind **DD:** Developmental Delay **DOE:** Department of Education **DoH:** Department of Health **DPH:** Due Process Hearing Officer **DS:** Down Syndrome **ECE:** Early Childhood Education **EBD:** Emotional Behavioral Disturbance **EI:** Early Intervention **ESD:** Extended School Day **ESEA:** Elementary and Secondary Education Act **ESL:** English as a Second Language **ESY:** Extended School Year **FAPE:** Free Appropriate Public Education **FAS:** Fetal Alcohol Syndrome **FBA:** Functional Behavioral Assessment **FERPA:** Family Educational Rights and Privacy Act **FM:** Focused Monitoring **GE:** General Education **GT:** Gifted and Talented **H:** Hearing Impaired **ID:** Intellectual Disabilities **IDEA:** Individuals with Disabilities Education Act **IEP:** Individualized Education Program **Special Education Acronyms Quick Reference Guide** **IFSP:** Individualized Family Service Plan **IQ:** Intelligence Quotient **ITP:** Individualized Transition Plan **LD:** Learning Disability **LEA:** Local Education Agency **LRE:** Least Restrictive Environment **MD or MH:** Multiple Disabilities or Multiply Handicapped **NCLB:** No Child Left Behind Act (Elementary and Secondary Education Act) **NEA:** National Education Association **OCD:** Obsessive-Compulsive Disorder **ODD:** Oppositional Defiant Disorder **OHI:** Other Health Impairment **OI:** Orthopedic Impairment **OT:** Occupational Therapy **PBS:** Positive Behavioral Supports **PD:** Physical Disability **PDD:** Pervasive Developmental Disorder **PLEP:** Present Level of Educational Performance or Present Level of Performance **PP:** Paraprofessional **PT:** Physical Therapy **RS:** Related Services **RTI:** Response to Intervention **SA:** Self-Assessment **SAS:** Supplementary Aids and Services **SAT:** Student Assistance Team **SE:** Special Education **Section 504:** Section 504 of the Rehabilitation Act **SI:** Sensory Integration **SLP:** Speech Language Pathologist **SLD:** Specific Learning Disability **SLI:** Speech/Language Impairment **SLP:** Speech/Language Pathologist **TBI:** Traumatic Brain Injury **VI:** Visual Impairment **Voc Ed:** Vocational Education **VR:** Vocational Rehabilitation

Shared Services Child Study Team

Wharton Borough Schools
973-361-3010

Mine Hill Township School (CAS)
973-366-0590

Rockaway Borough Schools
973-625-8601



The Shared Services Child Study Team has made it a goal to increase communication and Special Education knowledge with parents as well as teachers and administration within the three school districts. As part of this goal, you will now be receiving newsletters from the team three times a year filled with information on special education practices/law, community resources, special needs tips, etc. We hope you find this helpful!

Leslie Mozulay, LDTC

Stephanie Dzikowski, LDTC

Stacy McCoy, School Psychologist

Brooke Hanenberg, School Psychologist

Armi Clancy, School Social Worker

Get to Know Your CST

Elissa Rael has been our Physical Therapist in Wharton and Mine Hill since 2004. Recently she joined us in Rockaway Borough and will now be servicing all three districts. Elissa works closely with our occupational and speech therapists, classroom teachers and PE teachers.

Elissa graduated in 1998 with a Master's Degree in Physical Therapy from New York Medical College in Valhalla, NY. She has practiced as a pediatric physical therapist for the past 20 years. During which time and prior to joining our district, she worked at Hackensack University Medical Center's Institute for Child Development where she was a staff



Elissa Rael, Physical Therapist, works in Wharton, Mine Hill, and Rockaway Borough.

PT as well as a clinical instructor.

There she had the opportunity to be part of team assessments, orthotic clinics, inpatient care on the NICU, PICU, as well as outpatient therapy. She also worked for many years as an Early Intervention therapist servicing children under three in their homes.

Elissa lives in Lake Hopatcong with her husband Jay and three children Josh (15), Lia (14) and Nate (8) and her newest addition a 7 month puppy named Hunter. In her free time Elissa enjoys spending time with her family and friends, going to the beach, watching her children play sports, cooking and taking her puppy for long walks.