



Wharton Borough Public School

May 2017 Lunch Menu

Healthy Meals Grow Healthy Kids!

Mac's Nutrition News

Enjoy the nice spring weather and celebrate National BBQ Month with your friends and family!

Try a variety of grilled fruits and vegetables such as corn, zucchini, bell peppers, eggplant, Portobello mushrooms, asparagus, peaches,

Student Lunch \$2.75

Reduced Lunch \$0.40

Adult Lunch \$3.70

All Meals are Served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch. Fruit of the Day and Low Fat Milk Choice

Maschio's Swap Outs

Monday: Turkey & Cheddar Wrap

Tuesday: Grilled Chicken Caesar Salad with Dinner Roll

Wednesday: Ham & Cheese Sandwich

Thursday: Crispy Chicken Salad with or without Cheese

Friday: Tuna Salad Sandwich

Maschio's Swap Outs Available Daily

Turkey Sandwich
Yogurt Bag
Bagel Bag
Peanut Butter & Jelly Sandwich

MASCHIO'S MAIN EVENT

Monday	Tuesday	Wednesday	Thursday	Friday
1 Crispy Chicken Sandwich Fresh Veggie Dippers Fresh or Chilled Fruit	2 Macaroni and Cheese Dinner Roll Vegetable Medley Fresh or Chilled Fruit	3 New Item! Wafflelicious Wednesday Waffles with Warm Berry Compote Breakfast Sausages Sweet Potato Waffle Fries Fresh or Chilled Fruit	4 STAR WARS DAY! Grilled Cheese and Ham Solo Sandwich Vader Tater Tots Galaxy Swirl Sorbet	5 New Items! CINCO DE MAYO! Maria's Pizza Southwestern Corn Fresh or Chilled Fruit Warm Cinnamon Churro School Lunch Hero Day
8 China Sweet and Sour Chicken over Rice Broccoli Mandarin Oranges	9 America SCHOOL BBQ Hamburger or Cheeseburger on a Bun Hot Dog on Bun Baked Beans Corn on the Cob Fresh Garden Salad Watermelon National BBQ Month	10 Mexico Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, Salsa Steamed Rice Steamed Corn	11 Germany All Beef Frankfurter on a Bun with Sauerkraut Potato Wedges Applesauce	12 Italy Maria's Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit
15 Chicken Nuggets Dinner Roll Vegetable Medley Fresh or Chilled Fruit	16 Breakfast for Lunch Pancakes Breakfast Sausages Maple Cinnamon Sweet Potatoes Fresh or Chilled Fruit	17 Lucky Tray Day! Meatball Parm Sub Smile Fries Fresh Veggie Dippers Fresh or Chilled Fruit	18 Pasta with Meat Sauce Garlic Bread Fresh Garden Salad Fresh or Chilled Fruit	19 Maria's Pizza Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit
22 Popcorn Chicken Confetti Rice Steamed Carrots Fresh or Chilled Fruit	23 Baked Ziti Garlic Bread Sautéed Spinach Fresh or Chilled Fruit	24 Breakfast for Lunch French Toast Sticks Breakfast Sausage Hash Browns Fresh or Chilled Fruit	25 SCOOP-A-BOWL with Taco Meat, Shredded Cheddar Cheese over Rice with Lettuce, Tomatoes, and Salsa Tostitos SCOOPS! [®] Tortilla Chips Steamed Corn Fresh or Chilled Fruit	26 Maria's Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
29 Memorial Day School Closed	30 Chicken Tenders Steamed Vegetable Dinner Roll Fresh or Chilled Fruit	31 Cheesesteak Sandwich with Peppers and Onions Battered French Fries Fresh or Chilled Fruit	Celebrate World Food Week!	

Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

MENU SUBJECT TO CHANGE

Questions or Concerns? Please Visit www.MaschioFood.com
Or Call Maschio's Food Services at: 973-361-2506 ext. 389

Lunch Tickets are available in the cafeteria:
10 for \$27.50 / 20 for \$55.00

Please Make Checks Payable To:
Wharton Board of Education



"This institution is an equal opportunity provider"



Fresh Vegetables, Featured Salads, Bean Salad, or Veggie Dippers Available Daily



Check us out on Facebook : [Maschio's Food Services, Inc.](https://www.facebook.com/MaschioFoodServices)