



2017



What Is Relay?

Overnight relay-style event

- Teams of people camp out around a track
- Members of each team take turns walking around the track for the duration of the event
- Food, games and activities provide entertainment and fundraising opportunities
- Family-friendly environment for the entire community

Because it's a Relay, you're not required to be there the entire time...but it's so fun, you'll probably find it hard to leave!

What Makes a Relay Event Special?

There are many moments that create the Relay experience. Specific details vary by event. But the key moments that all events share in common are listed below:

Survivors Lap

Relay starts with a Survivors Lap – an inspirational time when survivors are invited to circle the track together and help everyone celebrate the victories we've achieved over cancer. We also recognize and celebrate caregivers at Relay For Life. These individuals give their time, love, and support to friends, family, neighbors, and coworkers who face cancer.

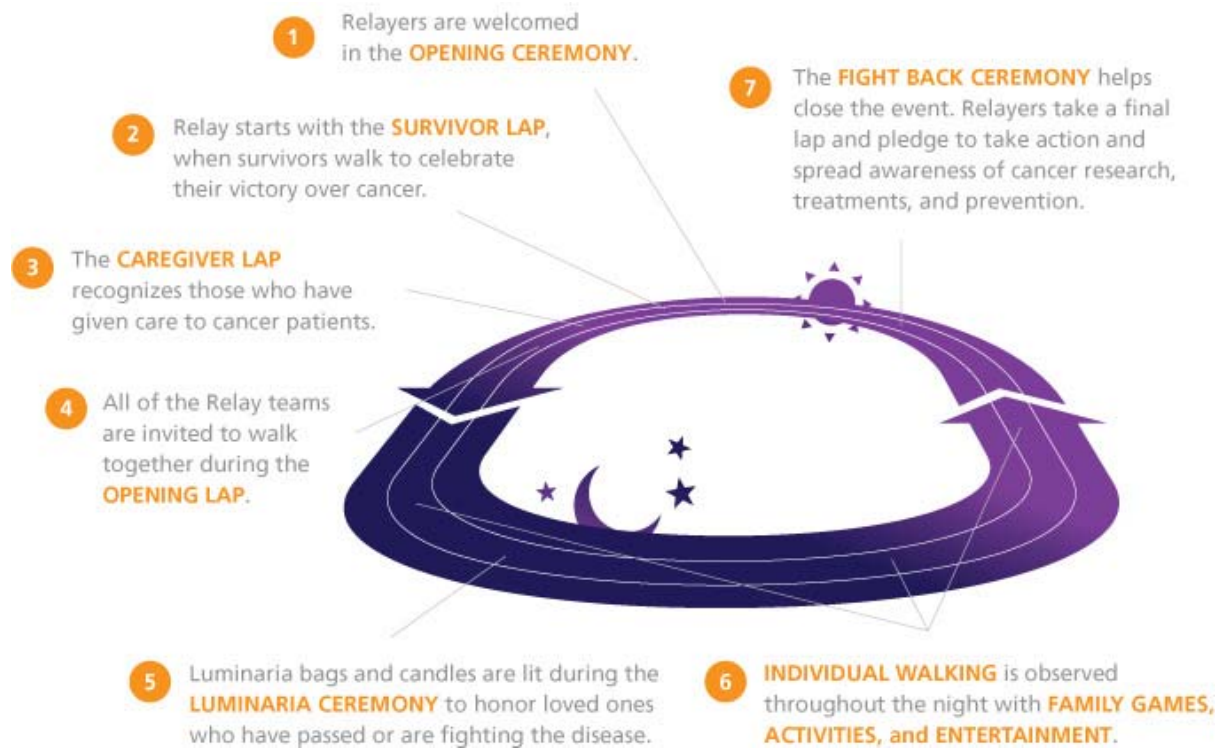
Luminaria Ceremony

After dark, we honor people who have been touched by cancer and remember loved ones lost to the disease during the Luminaria Ceremony. Candles are lit inside bags filled with sand, each one bearing the name of a person touched by cancer, and participants often walk a lap in silence.

Fight Back Ceremony

Last, there is a Fight Back Ceremony, where we make a personal commitment to save lives by taking up the fight against cancer. That personal commitment may be to do something as simple as getting a screening test, quitting smoking, or talking to elected officials about cancer. By taking action, people are personally taking steps to save lives and fight back against a disease that takes too much.

What to Expect at a Relay Event



Why We Fundraise

Every year, the Relay For Life movement raises more than \$400 million. The American Cancer Society puts these donations to work, investing in groundbreaking research in every type of cancer and providing free information and services to cancer patients and their caregivers. We're fighting for every birthday threatened by every cancer, in your community and everyone else's.



**Find out how to become involved with the
Relay For Life of CMC at RelayForLife.org/centralmorriscountynj
Join Us! June 10th 4pm – 6am Veteran's Memorial Park (Parsippany)
Contact Austin DeSavino, Austin.DeSavino@cancer.org or 973.285.8028**