

Wharton Public Schools

June 2018 Breakfast Menu

Get a Healthy Start to Your Day with School Breakfast!

Available Daily:

Assorted Bagel with Cream Cheese
OR Assorted Cereals with Graham Crackers

Served with:

Chilled Fruit
100% Juice
Milk Selection

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast \$1.30

Adult Breakfast \$1.70

Reduced Breakfast \$0.30

take time for
school
BREAKFAST



NUTRITION NEWS:

Did you know June is National Dairy Month? Dairy is important because it contains nine essential nutrients, including vitamin D and calcium. Try to get three servings of dairy per day to get the nutrients you need to build strong bones! Incorporate dairy into your diet by creating a delicious Greek yogurt dip or sprinkle some low-fat cheese on top of your spinach salad. We've got you covered at lunch as your meal always comes with a milk option.

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Mini Maple Burst Pancakes Assorted Fruit 100% Fruit Juice Milk Selection
4 Waffle Sticks with Syrup Assorted Fruit 100% Fruit Juice Milk Selection	5 Mini French Toast Sticks with Syrup Assorted Fruit 100% Fruit Juice Milk Selection	6 Cinnamon Bun Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	7 Sausage & Cheese on Biscuit Assorted Fruit 100% Fruit Juice Milk Selection	8 Mini Maple Burst Pancakes Assorted Fruit 100% Fruit Juice Milk Selection
11 Waffle Sticks with Syrup Assorted Fruit 100% Fruit Juice Milk Selection	12 Mini French Toast Sticks with Syrup Assorted Fruit 100% Fruit Juice Milk Selection	13 Cinnamon Bun Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection	14 Sausage & Cheese on Biscuit Assorted Fruit 100% Fruit Juice Milk Selection	15 Mini Maple Burst Pancakes Assorted Fruit 100% Fruit Juice Milk Selection
18 Waffle Sticks with Syrup Assorted Fruit 100% Fruit Juice Milk Selection	19 Half Day Mini French Toast Sticks with Syrup Assorted Fruit 100% Fruit Juice Milk Selection	20 Half Day Cinnamon Bun Cheese Stick Assorted Fruit 100% Fruit Juice Milk Selection LAST DAY OF SCHOOL	21	22
25	26	27	28 	29

enjoy your
Summer Vacation!

3 Ways to Pay:

Cash

Check Payable To (Wharton Board of Education)

Online (MySchoolBucks.Com)

Connect with us!

Please Visit: www.maschiofood.com

MENU SUBJECT TO CHANGE

Maschio's
Food Services, Inc.

"This institution is an equal opportunity provider"